

South/West Metro

WESTSIDE BEHAVIORAL CARE

303-986-4197 www.westsidebehavioral.com
Multiple locations throughout Denver and Boulder. Provides treatment to all ages for depression, anxiety, phobias, crisis, adjustment problems, ADD, ADHD, child behavior problems, bipolar illness, panic disorder, eating disorders, trauma, divorce or separation, chronic illness, chronic pain, stress, and behavioral medicine.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

www.dbsalliance.org
Provides educational brochures and toll free support group and referrals about mood disorders. Multiple support groups throughout CO run by volunteers.

Doctors Care Behavioral Health Team

303-730-1313 www.DOCTORSCARE.ORG
Both counseling and medication management are available to anyone who is a patient at the Doctors Care Clinic or on the Sliding-Fee-Scale Program. Medicaid, self-pay and the Sliding-Fee-Scale Program are accepted. Call to set up and appointment.

Financial Assistance

S.T.A.R REACH CLUBHOUSE

303-798-0128 www.starreachclubhouse.com
6509 S. Santa Fe Drive, Littleton, CO 80120
Provides education to create positive work and personal environments for adults with mental health problems by the use of quality social, educational, vocational, and recreational opportunities.

DENVER HEALTH FINANCIAL ASSISTANCE PROGRAM (FDAP)

303-602-2300 www.denverhealth.org
777 Bannock St. Denver, CO 80204
Screening for Colorado Indigent Care Program, Child Health Plan Plus, Community Health Services Discount Plan, or Self-Pay Screening Discount Plan in order to help with medical & dental bills. For Denver County residents not eligible for Medicaid, CICIP, or CHP+.

LOVE INC.

303-794-5683 www.loveinlittleton.org
P.O. Box 787 Littleton, CO 80160
Works cooperatively with churches, other non-profit organizations, and county services (Arapahoe, Douglas, and Jefferson) to refer & provide medical help to the disadvantaged. Serves Littleton residents.



609 West Littleton Blvd., Ste. 100
Littleton, CO 80120
Main Line: (303) 730-1313

Disclaimer: Doctors Care is not affiliated with any of the resources listed in this pamphlet. However, we are committed to referring our patients to the highest quality services. Please let us know about your experiences with these organizations.



Mental Health Resource Guide

Compiled by the staff and volunteers at Doctors Care 2013

DoctorsCare.org
303-730-1313

East Metro

ARAPAHOE/DOUGLAS MENTAL HEALTH NETWORK

303-730-8858 www.adhmn.org
Crisis hotline number: 303-730-3303
155 Inverness Dr. West, Suite 200
Englewood, CO 80112
Offers outpatient services such as individual, marital, and group counseling for Arapahoe & Douglas County residents. Also provides mental health and substance abuse help. Accepts patients with Medicaid, Child Health Plan Plus, insurance, as well as non-insured. Multiple service locations some near public transportation access.

METRO COMMUNITY PROVIDER NETWORK (MCPN)

303-360-6276 www.mcpn.com
3292 Peoria St. Aurora, CO 80010
Provides mental health and counseling services as referred by MCPN providers for residents of Jefferson, Arapahoe, Adams & Park counties, Lakewood, and Aurora.

AURORA MENTAL HEALTH

303-617-2300 www.aumhc.org
11059 E. Bethany Dr. Suite 200
Aurora, CO 80014
Offers outpatient & residential services and mental health education for children, adolescents, and adults. Medication management is also available. Community wellness & life coaching available for reasonable fee.

COMITIS CRISIS CENTER

303-343-9890 www.comitis.org
2178 Victor St. Aurora, CO 80040
Provides education, advice, and counseling to provide teens with the skills for relating to others, getting through difficult times, and problem solving ; provides a 24 hour helpline and emergency walk-in services.

Denver Metro

JEWISH FAMILY SERVICES

303-597-5000 www.jewishfamilyservice.org 3201 S. Tamarac Dr. Denver, CO 80231
Provides counseling and situational coaching/ education for children, families, couples, immigrants/refugees, people with disabilities, and senior citizens on a sliding-scale fee. People of all races and religious beliefs are accepted.

MENTAL HEALTH AMERICA

720-208-2231 www.mhacolorado.org
1385 S. Colorado Blvd. Suite 610, Denver, CO 80222
Provides personalized, preventative, early-identification, and treatment to individuals with mental health issues at an affordable cost. Runs Metro Crisis Services with 24 hour hotline (888-885-1222) staffed by mental health professionals, online self-assessment screening and service directory for metro Denver.

DENVER HEALTH

303-436-6777 www.denverhealth.org
777 Bannock St Denver, CO 80110
Behavioral Health Services to assess, evaluate, and treat patients with psychiatric and substance abuse disorders for residents of Denver county.

COLORADO DIV. OF MENTAL HEALTH

303-866-7400 www.cdhs.state.co.us
3824 W. Princeton Cir. Denver, CO 80206
Non-Medicaid community mental health services for people of all ages with emotional disturbance or mental illness .

CHARG

303-830-8805 www.charg.org
709 E. 12th Ave. Denver, CO 80206
Provides outpatient counseling, medication management & outreach mental health services.

Denver Metro

NATIONAL ALLIANCE FOR THE MENTALLY ILL

303-321-3104 www.namicolorado.org
1100 Fillmore Suite 201 Denver, CO 80206
Provides assistance in maintaining or improving the quality of life for those of all ages experiencing mental health problems. Referrals to volunteer-run support groups.

UNIVERSITY OF COLORADO DENVER COUNSELING CENTER

303-556-4372 www.ucdenver.edu
North Classroom #4036, 1200 Larimer St, Denver, CO 80217
Offers counseling, support/therapy groups, and referrals to CU students and uninsured metro-Denver residents on a sliding scale rate. Check or cash payments only.

MENTAL HEALTH CENTER OF DENVER

303-504-6500 www.mhcd.org
4141 E. Dickenson Pl. Denver, CO 80222
Provides Denver County residents with recovery, education, and employment options for those affected by mental illness.

DENVER FAMILY INSTITUTE

303-756-3340
www.denverfamilyinstitute.org
7200 E. Hampden Ave #301
Denver, CO 80224
Offers family, couple, and individual counseling with sliding scale payment options between \$15-\$50 per session.

METRO CRISIS SERVICES

888-885-1222 www.metrocrisiservices.org
PO Box 460695, Denver CO 80246
Online self-assessment tool & helpline, service directory for Metro-Denver residents.